

## Penistone 10k - 23rd June 2024

### Mens

Pos	Name	Time	Gap
1	Joe Sweetnam-Powell	00:36:03	00:00:43

			Score
16	Kian Ball	00:40:24	94.0
21	Richard Walker	00:41:10	92.9
56	Dave Lee	00:45:35	86.8
155	John Parry	01:03:59	61.3

### Ladies

Pos	Name	Time	Gap
1	Emily Cowper Coles	00:37:39	00:00:45

			Score
1	Emily Cowper Coles	00:37:39	100.0
6	Bridget Coomber	00:43:12	92.6
16	Sarah Godbehere	00:50:16	83.2