

Shepley 10k 24th September 2023

Mens

Pos	Name	Time	Gap
1	Andrew Heppenstall	0:38:14	00:00:46

			Score
14	Steve Skidmore	0:47:12	88.3

Ladies

Pos	Name	Time	Gap
1	Joanne Jones	0:45:06	00:00:54

			Score
6	Sarah Godbehere	0:50:38	93.9
13	Kate Fraser	0:55:17	88.7