

## Colne Valley 10k -21st August 2022

### Mens

Pos	Name	Time	Gap
1	Michael Cottam	00:42:24	00:00:51
			<b>Score</b>
31	Dave Raby	00:52:40	87.9
51	Keith Jagger	01:01:16	77.8

### Ladies

Pos	Name	Time	Gap
1	Sara Lewis	00:51:06	00:01:01
			<b>Score</b>
4	Anne Middleton	00:55:26	95.8