

| Pos | Nos | Name               | Time  | Club                            | M/F Place | Category | Cat Place |
|-----|-----|--------------------|-------|---------------------------------|-----------|----------|-----------|
| 1   | 9   | Ben Jarvis         | 34.11 | Holmfirth Harriers AC           | 1         | MV40     | 1         |
| 2   | 90  | Adam Melling       | 34.31 | Hyde Park Harriers              | 2         | M        | 1         |
| 3   | 37  | Drew Norcup        | 36.27 | Leeds City AC                   | 3         | M        | 2         |
| 4   | 39  | Emily Cowper-Coles | 36.56 | Rotherham Harriers & AC         | 1         | F        | 1         |
| 5   | 162 | Tommy Price        | 37.37 | Denby Dale AC                   | 4         | M        | 3         |
| 6   | 84  | Scott Eaglen       | 37.53 | Wakefield District H & AC       | 5         | MV35     | 1         |
| 7   | 116 | Tom Fryers         | 38.16 | Penistone Footpath Runners & AC | 6         | M        | 4         |
| 8   | 146 | Joe Howard         | 38.40 | Wakefield Triathlon Club        | 7         | M        | 5         |
| 9   | 67  | John Benton        | 38.42 | Longwood Harriers AC            | 8         | MV40     | 2         |
| 10  | 36  | Kian Ball          | 39.01 | Denby Dale AC                   | 9         | M        | 6         |
| 11  | 132 | James Coleman      | 39.51 |                                 | 10        | M        | 7         |
| 12  | 150 | Will Tunstall      | 40.09 |                                 | 11        | M        | 8         |
| 13  | 77  | Lydia Race         | 40.33 | Barnsley AC                     | 2         | FV40     | 1         |
| 14  | 68  | Damian Kilpin      | 40.49 | Penistone Footpath Runners & AC | 12        | MV45     | 1         |
| 15  | 171 | Richard Pollard    | 41.13 | Longwood Harriers AC            | 13        | MV35     | 2         |
| 16  | 135 | Mark Wilson        | 41.17 | Holmfirth Harriers AC           | 14        | MV40     | 3         |
| 17  | 53  | Richard Walker     | 41.31 | Denby Dale AC                   | 15        | MV45     | 2         |
| 18  | 133 | Henry Philpott     | 41.42 |                                 | 16        | M        | 9         |
| 19  | 89  | Joe Eagle          | 41.47 | Wakefield Triathlon Club        | 17        | MV35     | 3         |
| 20  | 82  | Gary Skaczkowski   | 41.49 | Slaithwaite Striders RC         | 18        | MV40     | 4         |

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|-----|-----|-------------------|-------|---------------------------------|-----------|----------|-----------|
| 21  | 57  | Lucy Taylor       | 41.56 | Meltham AC                      | 3         | FV35     | 1         |
| 22  | 73  | Katelyn Walker    | 42.02 | Wakefield District H & AC       | 4         | F        | 2         |
| 23  | 41  | Matthew Mason     | 42.13 |                                 | 19        | M        | 10        |
| 24  | 138 | Ian Neville       | 42.17 | Penistone Footpath Runners & AC | 20        | MV60     | 1         |
| 25  | 22  | Edward Box        | 42.20 | Ambleside AC                    | 21        | MV45     | 3         |
| 26  | 106 | Andy Casson       | 42.32 | Denby Dale AC                   | 22        | MV45     | 4         |
| 27  | 155 | Chris Walsh       | 43.12 |                                 | 23        | MV40     | 5         |
| 28  | 145 | Gaz Jones         | 43.15 |                                 | 24        | MV50     | 1         |
| 29  | 148 | Luke Clay         | 43.16 | Steel City Striders RC          | 25        | MV35     | 4         |
| 30  | 71  | Andrew Shelbourne | 43.24 | Penistone Footpath Runners & AC | 26        | MV60     | 2         |
| 31  | 134 | Chris Sansom      | 43.34 |                                 | 27        | MV35     | 5         |
| 32  | 38  | Rebecca Clephan   | 43.43 | Wakefield Triathlon Club        | 5         | F        | 3         |
| 33  | 152 | Daniel Hague      | 43.45 | Denby Dale AC                   | 28        | MV35     | 6         |
| 34  | 49  | Julian Brown      | 43.50 | Macclesfield Harriers & AC      | 29        | MV60     | 3         |
| 35  | 83  | Cameron Maclean   | 43.56 |                                 | 30        | MV50     | 2         |
| 36  | 28  | Brandon Holroyd   | 44.00 | Holmfirth Harriers AC           | 31        | MV50     | 3         |
| 37  | 97  | Suzanne McGill    | 44.04 | Penistone Footpath Runners & AC | 6         | FV45     | 1         |
| 38  | 111 | Shaun Swallow     | 44.17 | Penistone Footpath Runners & AC | 32        | MV55     | 1         |
| 39  | 98  | Clem Gregory      | 44.18 |                                 | 33        | MV40     | 6         |
| 40  | 168 | Roger Lawty       | 44.24 | Wakefield Triathlon Club        | 34        | MV60     | 4         |

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|-----|-----|-------------------|-------|---------------------------------|-----------|----------|-----------|
| 41  | 130 | Russell Mottram   | 44.27 |                                 | 35        | MV35     | 7         |
| 42  | 12  | Izzy Land         | 44.37 | Wakefield Triathlon Club        | 7         | F        | 4         |
| 43  | 25  | Neil Dutton       | 45.01 | Holmfirth Harriers AC           | 36        | MV50     | 4         |
| 44  | 10  | Richard Clarke    | 45.08 | Wakefield Triathlon Club        | 37        | MV55     | 2         |
| 45  | 165 | David Brown       | 45.09 | Meltham AC                      | 38        | MV35     | 8         |
| 46  | 122 | Josie Smith       | 45.13 | Penistone Footpath Runners & AC | 8         | FV40     | 2         |
| 47  | 96  | Ian Eccleshall    | 45.16 | Meltham AC                      | 39        | MV50     | 5         |
| 48  | 51  | Anthony Waring    | 45.18 | Holmfirth Harriers AC           | 40        | MV55     | 3         |
| 49  | 120 | Charles Haigh     | 45.34 |                                 | 41        | MV50     | 6         |
| 50  | 72  | Mark Law          | 45.39 | Penistone Footpath Runners & AC | 42        | MV60     | 5         |
| 51  | 11  | Paul Land         | 45.44 | Wakefield Triathlon Club        | 43        | MV45     | 5         |
| 52  | 85  | Dave Findlay      | 45.44 | Barnsley AC                     | 44        | MV35     | 9         |
| 53  | 40  | Gareth Morris     | 45.51 |                                 | 45        | MV45     | 6         |
| 54  | 161 | Tom Shelton       | 45.57 | Denby Dale AC                   | 46        | MV35     | 10        |
| 55  | 55  | Andrew Ackroyd    | 46.05 |                                 | 47        | MV50     | 7         |
| 56  | 35  | Steve Beardsley   | 46.21 |                                 | 48        | MV60     | 6         |
| 57  | 5   | Matthew Caie      | 46.25 | Denby Dale AC                   | 49        | MV60     | 7         |
| 58  | 154 | Reece Pickersgill | 46.30 |                                 | 50        | M        | 11        |
| 59  | 129 | Mickey Tivers     | 46.37 | Holmfirth Harriers AC           | 51        | MV45     | 7         |
| 60  | 174 | John Tunstall     | 46.38 |                                 | 52        | M        | 12        |

| Pos | Nos | Name                   | Time  | Club                            | M/F Place | Category | Cat Place |
|-----|-----|------------------------|-------|---------------------------------|-----------|----------|-----------|
| 61  | 117 | David Lancaster        | 46.51 | City of York AC                 | 53        | MV65     | 1         |
| 62  | 175 | Dominic Burland        | 46.53 |                                 | 54        | MV40     | 7         |
| 63  | 88  | Bethan Jones           | 46.53 | Denby Dale AC                   | 9         | F        | 5         |
| 64  | 17  | Chris Rippon           | 47.06 | Wakefield District H & AC       | 55        | MV55     | 4         |
| 65  | 52  | Will Basnett           | 47.07 |                                 | 56        | MV45     | 8         |
| 66  | 27  | Claire Ramsden         | 47.11 | Wakefield District H & AC       | 10        | FV45     | 2         |
| 67  | 153 | Glen Pickersgill       | 47.11 |                                 | 57        | MV50     | 8         |
| 68  | 110 | Linda Walton           | 47.32 | Kingstone Runners Barnsley      | 11        | FV55     | 1         |
| 69  | 156 | Andrew Walsh           | 47.34 | Lindley Running Club            | 58        | M        | 13        |
| 70  | 95  | Nick Pepper            | 47.43 | Penistone Footpath Runners & AC | 59        | MV50     | 9         |
| 71  | 109 | Karl-Eric Devaux       | 47.52 | Denby Dale AC                   | 60        | MV50     | 10        |
| 72  | 30  | Tom Seaman             | 48.14 | Wakefield Triathlon Club        | 61        | M        | 14        |
| 73  | 163 | Jon Howard             | 48.16 | Wakefield Triathlon Club        | 62        | MV55     | 5         |
| 74  | 60  | Mark Brown             | 48.18 |                                 | 63        | MV50     | 11        |
| 75  | 125 | Tim Webster            | 48.36 | Kingstone Runners Barnsley      | 64        | MV50     | 12        |
| 76  | 157 | Jacob Walsh            | 48.38 |                                 | 65        | M        | 15        |
| 77  | 86  | Nile Higgins           | 48.41 |                                 | 66        | M        | 16        |
| 78  | 94  | Angela Hannon-Flaherty | 48.50 | Ackworth Road Runners           | 12        | FV55     | 2         |
| 79  | 29  | Nikki Hill             | 48.58 | Wakefield Triathlon Club        | 13        | FV40     | 3         |
| 80  | 7   | Mark Jackson           | 49.03 |                                 | 67        | MV55     | 6         |

| Pos | Nos | Name                 | Time  | Club                            | M/F Place | Category | Cat Place |
|-----|-----|----------------------|-------|---------------------------------|-----------|----------|-----------|
| 81  | 147 | Oliver Found         | 49.25 | Penistone Footpath Runners & AC | 68        | M        | 17        |
| 82  | 58  | Paul Robertson       | 49.35 |                                 | 69        | MV40     | 8         |
| 83  | 59  | Andrew Wallwork      | 49.46 |                                 | 70        | MV50     | 13        |
| 84  | 4   | Alex Hirst           | 49.53 |                                 | 71        | MV50     | 14        |
| 85  | 93  | Mick Flaherty        | 50.01 | Ackworth Road Runners           | 72        | MV60     | 8         |
| 86  | 46  | David Waterston      | 50.08 | Kingstone Runners Barnsley      | 73        | MV50     | 15        |
| 87  | 45  | Rebecca Richardson   | 50.08 |                                 | 14        | FV40     | 4         |
| 88  | 160 | Dave Raby            | 50.11 | Denby Dale AC                   | 74        | MV40     | 9         |
| 89  | 13  | Ryan Bagshaw         | 50.27 |                                 | 75        | M        | 18        |
| 90  | 70  | Christopher Oldfield | 50.41 | Wakefield Triathlon Club        | 76        | MV50     | 16        |
| 91  | 6   | Abigail Caie         | 50.47 | Denby Dale AC                   | 15        | F        | 6         |
| 92  | 87  | Sarah Alsop          | 50.57 |                                 | 16        | FV50     | 1         |
| 93  | 23  | Sally Caton          | 51.10 | Stainland Lions Running Club    | 17        | FV50     | 2         |
| 94  | 136 | Anna Hazelton        | 51.11 | Meltham AC                      | 18        | FV45     | 3         |
| 95  | 14  | Rachael Mellor       | 51.16 | Holmfirth Harriers AC           | 19        | FV60     | 1         |
| 96  | 115 | Lois Lopez           | 51.51 |                                 | 20        | FV50     | 3         |
| 97  | 34  | Dean Allcroft        | 52.08 | Penistone Footpath Runners & AC | 77        | MV55     | 7         |
| 98  | 24  | Hannah Andrews       | 52.18 | Meltham AC                      | 21        | FV35     | 2         |
| 99  | 64  | Oliver Sweeney       | 52.19 | Kingstone Runners Barnsley      | 78        | M        | 19        |
| 100 | 2   | Kate Fraser          | 52.45 | Denby Dale AC                   | 22        | FV40     | 5         |

| Pos | Nos | Name               | Time  | Club                            | M/F Place | Category | Cat Place |
|-----|-----|--------------------|-------|---------------------------------|-----------|----------|-----------|
| 101 | 123 | Martin Locke       | 53.07 |                                 | 79        | MV40     | 10        |
| 102 | 69  | Stuart Woodhead    | 53.17 | Penistone Footpath Runners & AC | 80        | MV70     | 1         |
| 103 | 108 | Mark Armitage      | 53.24 |                                 | 81        | MV50     | 17        |
| 104 | 170 | Sam Dennis         | 53.28 | Denby Dale AC                   | 82        | M        | 20        |
| 105 | 21  | Craig Davey        | 53.36 | Wakefield Triathlon Club        | 83        | MV60     | 9         |
| 106 | 144 | Heidi O'Shea       | 53.44 | Holmfirth Harriers AC           | 23        | FV45     | 4         |
| 107 | 100 | Adele Bowden       | 53.51 |                                 | 24        | FV50     | 4         |
| 108 | 43  | James Plunkett     | 53.54 | Acre Street Runners             | 84        | M        | 21        |
| 109 | 54  | Jo Miles           | 54.06 | Macclesfield Harriers & AC      | 25        | FV60     | 2         |
| 110 | 166 | Nikki Hill         | 54.36 | Marsden Racers                  | 26        | FV40     | 6         |
| 111 | 1   | Sally Campbell     | 55.32 | Denby Dale AC                   | 27        | FV50     | 5         |
| 112 | 119 | Beatie Parkes      | 55.54 |                                 | 28        | F        | 7         |
| 113 | 99  | Abdullah Allwood   | 56.22 |                                 | 85        | MV55     | 8         |
| 114 | 159 | Charlotte Metcalfe | 56.35 |                                 | 29        | FV55     | 3         |
| 115 | 118 | Sarah Godbehere    | 57.02 | Denby Dale AC                   | 30        | FV55     | 4         |
| 116 | 80  | Alan Knox          | 57.46 | Penistone Footpath Runners & AC | 86        | MV70     | 2         |
| 117 | 128 | Stephen Crawshaw   | 57.48 | Wakefield Triathlon Club        | 87        | MV50     | 18        |
| 118 | 56  | Edward Clark       | 57.58 |                                 | 88        | MV40     | 11        |
| 119 | 158 | Caroline Walsh     | 58.03 |                                 | 31        | FV40     | 7         |
| 120 | 33  | James Collingwood  | 58.24 | Wakefield Triathlon Club        | 89        | M        | 22        |

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|-----|-----|------------------|-------|---------------------------------|-----------|----------|-----------|
| 121 | 131 | Helen Fretwell   | 58.31 | Marsden Racers                  | 32        | FV50     | 6         |
| 122 | 61  | Tim Cattle       | 58.38 |                                 | 90        | MV35     | 11        |
| 123 | 42  | Richard Plunkett | 58.51 | Acre Street Runners             | 91        | MV60     | 10        |
| 124 | 19  | David Waite      | 58.54 | Stainland Lions Running Club    | 92        | MV60     | 11        |
| 125 | 74  | Sam Eastwood     | 59.26 | Stadium Runners                 | 33        | FV50     | 7         |
| 126 | 62  | Alison Hunter    | 59.35 | St Therasas AC                  | 34        | FV60     | 3         |
| 127 | 176 | Marie Thomas     | 59.36 |                                 | 35        | FV35     | 3         |
| 128 | 113 | Aoife Byrne      | 59.52 | Wakefield Triathlon Club        | 36        | F        | 8         |
| 129 | 16  | Beth Jones       | 59.52 | Wakefield Triathlon Club        | 37        | F        | 9         |
| 130 | 169 | Amy Hall         | 60.05 | Denby Dale AC                   | 38        | F        | 10        |
| 131 | 15  | Jayne Addy       | 60.13 |                                 | 39        | FV50     | 8         |
| 132 | 47  | Lucy McAteer     | 60.30 |                                 | 40        | F        | 11        |
| 133 | 107 | Natalie Casson   | 60.33 |                                 | 41        | FV40     | 8         |
| 134 | 79  | Stu Smith        | 60.35 | Penistone Footpath Runners & AC | 93        | MV70     | 3         |
| 135 | 143 | Tracy Woodward   | 60.43 | Penistone Footpath Runners & AC | 42        | FV55     | 5         |
| 136 | 78  | James Beaumont   | 60.52 |                                 | 94        | MV45     | 9         |
| 137 | 167 | Rachel Lawty     | 61.28 | Wakefield Triathlon Club        | 43        | FV60     | 4         |
| 138 | 91  | Jane Ramsden     | 62.02 | Dewsbury Road Runners           | 44        | FV65     | 1         |
| 139 | 26  | Amanda Field     | 62.07 | Penistone Footpath Runners & AC | 45        | FV40     | 9         |
| 140 | 172 | Brendan Kirby    | 62.11 |                                 | 95        | MV60     | 12        |

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|-----|-----|-------------------|-------|------------------------------|-----------|----------|-----------|
| 141 | 48  | Ruairidh Herring  | 62.12 |                              | 96        | M        | 23        |
| 142 | 164 | Paul Cross        | 62.36 | Denby Dale AC                | 97        | MV65     | 2         |
| 143 | 81  | Sally Harding     | 62.54 |                              | 46        | FV60     | 5         |
| 144 | 50  | Stuart Calvert    | 63.14 | Kingstone Runners Barnsley   | 98        | MV50     | 19        |
| 145 | 8   | John Exley        | 63.16 | Kingstone Runners Barnsley   | 99        | MV60     | 13        |
| 146 | 151 | Shaun Tunstall    | 63.16 |                              | 100       | MV55     | 9         |
| 147 | 103 | Ian "Moz" Morris  | 63.35 | Stockton Striders AC         | 101       | MV50     | 20        |
| 148 | 75  | Jon Horton        | 63.38 |                              | 102       | MV50     | 21        |
| 149 | 137 | Ruth Blackburn    | 64.05 |                              | 47        | FV40     | 10        |
| 150 | 76  | Andrew Haigh      | 64.06 |                              | 103       | MV60     | 14        |
| 151 | 140 | Hannah Laverick   | 64.26 | Wakefield Triathlon Club     | 48        | FV35     | 4         |
| 152 | 3   | Grant Clarke-Wood | 64.40 |                              | 104       | MV45     | 10        |
| 153 | 18  | Heather Anderson  | 64.42 | Stainland Lions Running Club | 49        | FV55     | 6         |
| 154 | 20  | Diane Waite       | 64.42 | Stainland Lions Running Club | 50        | FV60     | 6         |
| 155 | 141 | Diane Simmons     | 64.57 | Wakefield District H & AC    | 51        | FV65     | 2         |
| 156 | 92  | Susan Hope        | 65.00 | Dewsbury Road Runners        | 52        | FV60     | 7         |
| 157 | 121 | Alison Smith      | 65.14 | Holmfirth Harriers AC        | 53        | FV50     | 9         |
| 158 | 139 | Heather Ellis     | 65.20 | Dewsbury Road Runners        | 54        | FV55     | 7         |
| 159 | 149 | Vanda Naden       | 66.26 |                              | 55        | FV60     | 8         |
| 160 | 101 | Amanda Parker     | 66.48 | Almondbury Striders          | 56        | FV50     | 10        |



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|-----|-----|----------------------|-------|---------------------------------|-----------|----------|-----------|
| 161 | 66  | David Barzycki       | 66.50 | Kingstone Runners Barnsley      | 105       | MV70     | 4         |
| 162 | 173 | Andrew Wadsworth     | 67.16 |                                 | 106       | MV55     | 10        |
| 163 | 127 | Rachel Crawshaw      | 67.41 | Wakefield Triathlon Club        | 57        | FV50     | 11        |
| 164 | 31  | Marianne Symons      | 67.42 |                                 | 58        | FV55     | 8         |
| 165 | 63  | Adele Sweeney        | 67.55 | Kingstone Runners Barnsley      | 59        | FV40     | 11        |
| 166 | 114 | Kirsty Archer        | 69.24 | Meltham AC                      | 60        | FV45     | 5         |
| 167 | 102 | Doreen Morris        | 69.41 | Stockton Striders AC            | 61        | FV45     | 6         |
| 168 | 112 | Claire Byrne         | 72.53 | Wakefield Triathlon Club        | 62        | FV50     | 12        |
| 169 | 142 | Madeleine Stansfield | 73.15 | Dewsbury Road Runners           | 63        | FV70     | 1         |
| 170 | 44  | Raymond Brown        | 77.22 | Penistone Footpath Runners & AC | 107       | MV85     | 1         |
| 171 | 124 | Jane Elliott         | 79.14 | Team Manvers                    | 64        | FV55     | 9         |
| 172 | 126 | Helen Johnson        | 79.14 | Kingstone Runners Barnsley      | 65        | FV55     | 10        |
| 173 | 105 | Georgina Lancaster   | 81.25 |                                 | 66        | FV50     | 13        |
| 174 | 104 | Vicky Patterson      | 81.27 |                                 | 67        | FV50     | 14        |