

Shelf Moor 23rd September 2023

Mens

Pos	Name	Time	Gap
1	Joe Steward	0:40:34	00:00:49

			Score
82	Pawel Cylich	0:54:08	83.3
94	Josh Ellis	0:56:05	80.9
153	Andy Green	1:03:17	72.0
160	Johnny Ridge	1:04:43	70.2

Ladies

Pos	Name	Time	Gap
1	Phillipa Williams	0:46:28	00:00:56

			Score
7	Emily Cowper Coles	0:51:27	94.6
80	Sam Ridge-Wood	1:20:28	63.4