

Wed 19 <sup>th</sup> Feb	<b>No Athletics Session – Half Term Holiday</b>	Mon 30 <sup>th</sup> Mar	<b>Junior Trunce 1– 6.45pm</b> Waggon & Horses, Oxpring, S36 8YQ Series of 9 multi-terrain races. Min. age - 10yrs Entry on day – 50p/race <a href="http://www.trunce.org/category/latest-news/">www.trunce.org/category/latest-news/</a>	Mon 1 <sup>st</sup> June	<b>Junior Trunce 4 – 6.45pm</b>
Sat 22 <sup>nd</sup> Feb	<b>National Cross Country Championships - 11am</b> Wollaton Park, Nottingham Pre-entry only by 10 <sup>th</sup> Jan. £9. Min. age – 11yrs <a href="http://www.englishcrosscountry.co.uk/the-national-cross-country-championships/">www.englishcrosscountry.co.uk/the-national-cross-country-championships/</a>	Wed 1 <sup>st</sup> Apr	<b>Athletics Sessions – move outside for summer</b>	Wed 3 <sup>rd</sup> June	<b>DDAC Off Road Training – 6pm</b> Meet at The Pie Hall, Denby Dale. <b>No Athletics at Shelley College.</b>
Sat 29 <sup>th</sup> Feb	<b>Junior &amp; Senior Presentation Evening - 7pm</b> Denby Dale Pie Hall Awarding of trophies followed by Pie & Pea Supper, quiz & live music from Dark Horse. Tickets from Social Secretary - Si Warsop Juniors £3.50; Seniors £7.50.	Wed 8 <sup>th</sup> April	<b>No Athletics Session – Easter Holidays</b>	Sun 7 <sup>th</sup> June	<b>Junior Parkrun Challenge 4 – 9am</b> Shelley College, Shelley <u>or</u> any 5K Parkrun
Sun 1 <sup>st</sup> Mar ★	<b>Hoppits Hill Junior Fell Races - 11.30am</b> Lower Hopton Cricket Club, near Mirfield EOD - £1-2. Min. age - 6yrs on race day. <a href="http://www.hoppits.co.uk/">www.hoppits.co.uk/</a>	Wed 15 <sup>th</sup> April	<b>No Athletics Session – Easter Holidays</b>	Sat 13 <sup>th</sup> June	<b>Junior Silkstone Shuffle 2 – 9.45am</b>
Sun 8 <sup>th</sup> Mar	<b>Junior Parkrun Challenge 1 – 9am</b> Shelley College, Shelley <u>or</u> any 5K Parkrun Free timed 2km run for juniors aged 4 – 14yrs. Register before your 1 <sup>st</sup> ever Parkrun & bring your barcode to all races. <a href="http://www.parkrun.org.uk/register/">www.parkrun.org.uk/register/</a>	Sun 19 <sup>th</sup> April	<b>WY Track &amp; Field – 1<sup>st</sup> Athletics Meeting – 1pm</b> Princess Mary Athletic Stadium, Cleckheaton 1 <sup>st</sup> of series of 7 meetings. Min. age 9yrs. Club entries only. Club vests must be worn.	Sun 14 <sup>th</sup> June ★	<b>Accelerate Junior Edale Races – 10.15am</b> Edale Village Hall. Grid ref SK124853. EOD £3. Min. age – 8 yrs on race day. <a href="http://www.gritstoneseries.co.uk">www.gritstoneseries.co.uk</a>
Sat 14 <sup>th</sup> Mar	<b>Junior Silkstone Shuffle 1 – 9.45am</b> Silkstone Sports Pavilion, S75 4LX A tough 3km multi-terrain course – great challenge to all youngsters. Series of 4 races. EOD – £1/race. Min. age - 8yrs Best time counts for Fell Trophy ★ <a href="http://www.barnsleyharriers.org.uk/index.php/silkstone-shuffle">www.barnsleyharriers.org.uk/index.php/silkstone-shuffle</a>	Mon 20 <sup>th</sup> April	<b>Junior Trunce 2 – 6.45pm</b>	Wed 17 <sup>th</sup> June	<b>WY Track &amp; Field – 4<sup>th</sup> Meeting – 6.45pm</b> Princess Mary Athletics Stadium, Cleckheaton
Sun 29 <sup>th</sup> Mar	<b>Spenborough Spring Open Meeting – 10.30am</b> Princess Mary Athletics Stadium, Cleckheaton Online & postal entries by 16 <sup>th</sup> March £5 1 <sup>st</sup> event; £3/additional event EOD £6/event. Min. age – 8yrs. <a href="http://www.spenac.co.uk">www.spenac.co.uk</a>	Sun 26 <sup>th</sup> April	<b>Junior Parkrun Challenge 2 – 9am</b> Shelley College, Shelley <u>or</u> any 5K Parkrun	Mon 22 <sup>nd</sup> June	<b>Junior Trunce 5 – 6.45pm</b>
Sun 29 <sup>th</sup> Mar ★	<b>Wolf's Pit Junior Fell Races - 10.15am</b> Shatton, nr Bamford, S33 OBG, Hope Valley. EOD – fee TBC. Min age – 6 yrs on race day. U11(over 6) fun run, U13, U15, and U17 races <a href="http://braddadads.wordpress.com">braddadads.wordpress.com</a>	Tues 5 <sup>th</sup> May	<b>Junior Deffer Dash 1 – 6.45pm for 7pm start</b> DDAC club event – Series of 3 races - approx. 1.75 miles on woodland tracks, marshalled and supervised by the Junior Coaching Team.	Tues 23 <sup>rd</sup> June	<b>Can You Beat Badger? - 7pm</b> Kirklees Light Railway, HD8 9XJ DDAC club 'away day' for juniors & seniors.
		Wed 6 <sup>th</sup> May	<b>WY Track &amp; Field – 2<sup>nd</sup> Meeting - 6.45pm</b> Princess Mary Athletics Stadium, Cleckheaton	Sat 27 <sup>th</sup> June ★	<b>Eldwick Gala Races – 2.45pm (junior races)</b> Eldwick Gala Field, Memorial Hall, BD16 2EQ EOD - £2. Min. age – 8yrs. <a href="http://www.bingleyharriers.org.uk">www.bingleyharriers.org.uk</a>
		Fri 8 <sup>th</sup> May ★	<b>Coiners Junior Fell Races – 10:30am</b> Mytholmroyd Community Centre HX7 5DY EOD - £1.50 - £2. Min. age - 6yrs. <a href="http://www.juniors.cvfr.co.uk/">www.juniors.cvfr.co.uk/</a>	Sat 4 <sup>th</sup> July ★	<b>Bradwell Junior Tour Fell Races – 11am</b> Bradwell Sports Pavilion, S33 9ST Pre-entry £3, EOD £5. Min. age 6 yrs. <a href="http://www.tourofbradwell.co.uk/junior">www.tourofbradwell.co.uk/junior</a>
		Mon 11 <sup>th</sup> May	<b>Junior Trunce 3 – 6.45pm</b>	Tues 7 <sup>th</sup> July	<b>Junior Deffer Dash 2 – 6.45pm for 7pm start</b>
		Sun 17 <sup>th</sup> May	<b>Junior Parkrun Challenge 3 – 9am</b> Shelley College, Shelley <u>or</u> any 5K Parkrun	Wed 8 <sup>th</sup> July	<b>WY Track &amp; Field – 5<sup>th</sup> Meeting – 6.45pm</b> Princess Mary Athletics Stadium, Cleckheaton
		Wed 27 <sup>th</sup> May	<b>No Athletics Session – Half Term Holiday</b>	Sun 12 <sup>th</sup> July	<b>Junior Parkrun Challenge 5 – 9am</b> <b>Shelley College, Shelley <u>or</u> any 5K Parkrun</b>
		Wed 27 <sup>th</sup> May	<b>WY Track &amp; Field – 3<sup>rd</sup> Meeting – 6.45pm</b> Princess Mary Athletics Stadium, Cleckheaton	Mon 13 <sup>th</sup> July	<b>Junior Trunce 6 – 6.45pm</b>
		Sat 30 <sup>th</sup> May ★	<b>West Nab Junior Fell Races – 12.30pm</b> Carlisle Institute, Meltham, HD9 4AE EOD £2. Min. age 6 yrs. <a href="http://www.holmfirthharriers.com">www.holmfirthharriers.com</a>	Wed 15 <sup>th</sup> July	<b>DDAC Off Road Training – 6pm</b> Meet at The George Inn, Upper Denby Reccy of Denby Gallop & Pirate ship Challenge - junior races which take place on 31 <sup>st</sup> August. <b>Final Athletics session of Summer Term – No Athletics at Shelley College</b>



## Denby Dale Athletics Club Junior Calendar 2020

Includes term dates, 'away days' and local races  
& athletics meetings which contribute to  
the club's trophy competitions

There are 6 trophy competitions for boys & girls :

- **Athletics Champion** – based on results at Athletics meetings
- **Deffer Dash Champion** – most improved over 3 race series
- **Fell Champion** – based on best 5 race results, including best Silkstone Shuffle. Fell races are indicated by ★
- **Most Improved Athlete** – chosen by the coaching team
- **Parkrun Champion** – based on age-related scores for calendar runs at Shelley College or a 5K parkrun the same weekend
- **Trunce Champion** – scores from all 9 races in series

**It would be great to see more athletes  
competing for these awards in 2020**

Further information is available from :

- **Junior News** page of the Club's website  
[www.denbydaleac.co.uk/junior-news](http://www.denbydaleac.co.uk/junior-news)
- [Denby Dale AC Juniors \(members only\) Facebook](#)
- Jo Worboys-Hodgson, Junior Co-ordinator  
[jworboyshodgson@gmail.com](mailto:jworboyshodgson@gmail.com)
- Members of the coaching team at Wednesday training sessions

Sun 26<sup>th</sup> July **WY Track & Field – 6<sup>th</sup> Meeting – 1pm**  
Princess Mary Athletics Stadium, Cleckheaton

Mon 3<sup>rd</sup> Aug **Junior Trunce 7 – 6.45pm**

Sun 16<sup>th</sup> Aug **Junior Parkrun Challenge 6 – 9.00am**  
Shelley College, Shelley or any 5K Parkrun

Mon 24<sup>th</sup> Aug **Junior Trunce 8 – 6.45pm**

Mon 31<sup>st</sup> Aug ★ **Denby Dash Junior races – 10.30**  
The George Inn, Upper Denby  
Pre-entry £2.50; EOD £3. Min. age 6yrs  
Further info from Anne Middleton  
[www.racebest.com/](http://www.racebest.com/)

Tues 1<sup>st</sup> Sept **Junior Deffer Dash 3 – 6.45pm for 7pm start**

Sat 5<sup>th</sup> Sept ★ **Longshaw Junior Sheepdog Trials - 10.35am**  
Longshaw Lodge on Sheffield-Hathersage road.  
EOD - £5 to park; race free. Min. age 6yrs.  
[www.dpfr.org.uk/pages/view/longshaw-sheepdog-trials](http://www.dpfr.org.uk/pages/view/longshaw-sheepdog-trials)

**Wed 9<sup>th</sup> Sept Athletics Sessions resume – Autumn term**

Sat 12<sup>th</sup> Sept **WY Track & Field – 7<sup>th</sup> Meeting – 12 noon**  
Princess Mary Athletics Stadium, Cleckheaton

Mon 14<sup>th</sup> Sept **Junior Trunce 9 – 6.45pm**

**Wed 16<sup>th</sup> Sept DDAC Off Road Training – 6pm**  
Meet at The Pie Hall, Denby Dale  
**No Athletics at Shelley College.**

Sat 19<sup>th</sup> Sept **Junior Silkstone Shuffle 3 – 9.45am**

Sun 20<sup>th</sup> Sept **Junior Parkrun Challenge 7 – 9am**  
Shelley College, Shelley or any 5K Parkrun

**Wed 30<sup>th</sup> Sept DDAC Off Road Training – 6pm**  
Meet at Deffer Woods.  
**No Athletics at Shelley College.**

Sat 3<sup>rd</sup> Oct **WYXC Race 1 – date & venue TBC**

Sun 11<sup>th</sup> Oct **Junior Parkrun Challenge 8 – 9am**  
Shelley College, Shelley or any 5K Parkrun

**Wed 21<sup>st</sup> Oct “DDAC Halloween Hobble” ~6pm**  
Are you brave enough to race around Deffer Woods as the light fades? Fancy Dress compulsory. **No Athletics at Shelley College.**

**Wed 28<sup>th</sup> Oct No Athletics Session – Half Term**

Sun 1<sup>st</sup> Nov **WYXC Race 2 – date & venue TBC**

Sat 7<sup>th</sup> Nov ★ **Shepherd's Skyline Junior Fell Races – 12 noon**  
The Shepherds Rest Inn, Lumbutts, OL14 6JJ  
EOD £1. Min. age - 6yrs on race.  
[www.todharriers.co.uk](http://www.todharriers.co.uk)

Sun 8<sup>th</sup> Nov **Junior Parkrun Challenge 9 – 9am**  
Shelley College, Shelley or any 5K Parkrun

Sun 15<sup>th</sup> Nov **WYXC Race 3 – date & venue TBC**

**Wed 18<sup>th</sup> & 25<sup>th</sup> Nov, 2<sup>nd</sup> & 9<sup>th</sup> Dec (Last session of Autumn Term)**  
**Athletics Session at Thornes Park Athletics Stadium, WF2 8TY. Session 6pm until 7pm.**

Sat 5<sup>th</sup> Dec **Junior Silkstone Shuffle 4 – 9.45am**

Sun 6<sup>th</sup> Dec **WYXC Race 4 – date & venue TBC**

**TBC Junior Christmas Party – Ideas welcome**

2021 provisional dates

Sat 2<sup>nd</sup> Jan **Yorkshire Cross Country – 11am**  
Lightwater Valley, Ripon. HG4 3HT  
Pre-entry only - ~£7. Min. age 11 yrs.

Sat 30<sup>th</sup> Jan **Northern Athletics Cross Country - 11am**  
Venue TBC.  
Pre-entry only by ~8th Jan. Min. age 11yrs.  
[www.northernathletics.org.uk/events/northern-athletics-cross-country-championships/](http://www.northernathletics.org.uk/events/northern-athletics-cross-country-championships/)

Sat 20<sup>th</sup> Feb **National Cross Country Championships - 11am**  
Venue TBC.  
Pre-entry only by ~8<sup>th</sup> Jan. Min. age – 11yrs  
[www.englishcrosscountry.co.uk/the-national-cross-country-championships/](http://www.englishcrosscountry.co.uk/the-national-cross-country-championships/)